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Volume 4 Number 4 May 2021

Nutritional Monitoring Series

Potted Sunflower

(Helianthus annuus)

Potted sunflowers prefer a substrate pH range from 5.8 to 6.2. Substrate pH values above 6.5 inhibit iron availability and induce interveinal chlorosis (yellowing) of the recently matured leaves. Plants require medium fertility levels between 150 to 200 ppm N. Low substrate electrical conductivity levels will result in stunted plant growth, lower leaf chlorosis, and leaf loss.



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Figure 1. Substrate pH above 6.5 or over irrigation can inhibit iron (Fe) uptake causing newly developed leaves of potted sunflowers (*Helianthus annuus*) to become Fe-deficient and exhibit interveinal chlorosis (yellowing). Photo by: Brian Whipker.

Target Nutrition Parameters

pH Category III:

5.8 to 6.2

Fertility Category:

Medium

150 - 200 ppm N

EC Category A:

1:2 Extraction:

0.6 to 0.9 mS/cm

SME:

1.3 to 2.0 mS/cm

PourThru:

2.0 to 3.0 mS/cm

Potted Sunflower

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Figure 2. Providing insufficient fertility [low electrical conductivity (EC)] can result in lower leaf pale coloration and chlorosis (yellowing) of potted sunflower (*Helianthus annuus*). Photo by: Brian Whipker.

Fertility Management Potted Sunflower

Potted sunflowers should be grown with a pH range of 5.8 to 6.2. They are tolerant of a wider range of 5.5 to 6.5 without exhibiting nutritional disorders. Above pH 6.5, iron (Fe) can become limiting and leads to interveinal chlorosis (yellowing) of the younger growth. High substrate pH above 6.5 can inhibit Fe uptake causing newly expanding leaves to develop interveinal chlorosis (Fig. 1). Corrective procedures for high substrate pH should begin within the range of 6.3 to 6.5.

Use recommended 1:2 Extraction, SME, or PourThru methods to determine and monitor substrate pH and soluble salts [referred to as electrical conductivity (EC)] values. Additionally, conduct routine foliar analysis tests to monitor crop nutrient status. Tissue nutrient levels found in healthy, newly expanded leaves of potted sunflowers are listed in Table 1. Monitoring substrate pH and nutrient status will enable growers to avoid pH induced nutritional disorders.

Providing medium fertility of 150 to 200 ppm N is recommended during vegetative growth phase. Potted sunflowers have a high demand for potassium (K), so ensure that the N:K ratio is 1:1 or 1:1.5 (Whipker et al., 1998).

Insufficient fertility levels (low EC) will result in stunted growth and lower leaf pale coloration and chlorosis (Fig. 2). Leaf loss also occurs with advanced symptomology. High EC can cause stunted plant growth and lower leaf necrosis (death; Fig. 3). Routinely check substrate EC and maintain below 0.9, 2.0, or 3.0 mS/cm, based on the 1:2 Extraction, SME, or PourThru methods, respectively.

Summary

Providing potted sunflowers with a moderate level of fertility ranging from 150 to 200 ppm N and maintaining a substrate pH of 5.8 to 6.2 will prevent most nutritional disorders from occurring.

Literature Cited

Whipker, B., S. Dasoju, and I McCall. 1998. Guide to successful pot sunflower production. NC State University, Horticulture Information Leaflet 652.

Table 1. Leaf tissue nutrient sufficiency range recommended for potted sunflowers (*Helianthus annuus*).

Element		Recommended Range ¹
Nitrogen (N)	(%)	5.0 – 6.0
Phosphorus (P)		0.7 – 0.8
Potassium (K)		5.4 – 6.3
Calcium (Ca)		2.2 – 2.5
Magnesium (Mg)		0.59 – 0.80
Sulfur (S)		Not reported
Iron (Fe)		(ppm)
Manganese (Mn)	67 - 99	
Zinc (Zn)	77 - 115	
Copper (Cu)	6.7 – 7.2	
Boron (B)	43 - 53	
Source: Whipker et al., (1998)		



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Figure 3. Excessive fertility [high electrical conductivity (EC)] during potted sunflower (*Helianthus annuus*) production can cause stunted growth and lower leaf necrosis (death). Photo by: Brian Whipker.

Corrective Procedures for Modifying Substrate pH and Electrical Conductivity (EC)

When the pH or substrate electrical conductivity (EC) drifts into unwanted territory, adjustments must be made. Below are the standard corrective procedures used to modify the substrate pH and EC for greenhouse grown crops in soilless substrates.

1. Low Substrate pH Correction

When Fe and Mn toxicity becomes a problem, adjust (raising) substrate pH to the recommended pH range. Corrective procedures to raise low pH levels are listed below. Switching to a basic fertilizer when the substrate pH is nearing the lower limit will help stabilize the pH. If the pH is below the recommended range, then corrective procedures will need to be implemented. Flowable lime is one option. Using a rate of 2 quarts per 100 gallons of water will typically increase the substrate pH by roughly 0.5 pH units. Two quarts can be used through an injector. Additional applications can be made if needed. Potassium bicarbonate (KHCO_3) can also be applied. A rate of 2 pounds per 100 gallons of water will increase the substrate pH by roughly 0.8 pH units. This treatment will also provide excessive potassium (K) and cause a spike in the substrate EC. A leaching irrigation with clear water is required the following day to restore the nutrient balance (the ratio of K:Ca:Mg) and lower the EC. As always, remember to recheck your substrate pH to determine if reapplications are needed.

pH Adjustment Recommendations

Flowable Lime

- Use 1 to 2 quarts per 100 gallons of water.
Rinse foliage.
- Avoid damage to your injector by using rates of 2 quarts per 100 gallons of water, or less.
- Can split applications.

Hydrated Lime

- Mix 1 pound in 3 to 5 gallons of WARM water. Mix twice. Let settle. Decant liquid and apply through injector at 1:15.
- Caustic (rinse foliage ASAP and avoid skin contact)

Potassium Bicarbonate (KHCO_3)

- Use 2 pounds per 100 gallons of water
- Rinse foliage immediately.
- Provides 933 ppm K.
- Leach heavily the following day with a complete fertilizer to reduce substrate EC and restore nutrient balance.
- Rates greater than 2 pounds per 100 gallons of water can cause phytotoxicity!

2. High Substrate pH Correction

The target pH for many species is between 5.8 and 6.2. Higher pH values will result in Fe deficiency and lead to the development of interveinal chlorosis on the upper leaves. Check the substrate pH to determine if it is too high. Be careful when lowering the substrate pH, because going too low can be much more problematic and difficult to deal with.

Acid-based Fertilizer

If the substrate pH is just beginning to increase, then first consider switching to an acidic-based fertilizer. These ammoniacal-nitrogen (N) based fertilizers are naturally acidic and plant nitrogen uptake will help moderate the substrate pH over a week or two.

Acid Water Drench

Some growers use this intermediate correction if pH levels are not excessively high, and a quick lower of the substrate pH is desired. Use sulfuric acid to acidify your irrigation water to a pH 4.0 to 4.5. Apply this acid water as a substrate drench providing 5 to 10% excessive leaching of the substrate. Rinse the foliage to avoid phytotoxicity. Results should be visible within 5 days. Retest the substrate pH and repeat if needed.

Iron Drench

If the levels are excessively high, then an Fe chelate application can be made to the substrate.

Below are the options.

Iron Chelate Drench (options)

- Iron-EDDHA: mix 5 ounces in 100 gallons of water
- Iron-DTPA: mix 5 ounces in 100 gallons of water
- Iron sulfate: mix 4-8 ounces in 100 gallons of water
- Apply as a substrate drench with sufficient volume to leach the pot.
- Rinse foliage immediately.
- Avoid use on iron efficient plants (geraniums).

3. Low EC Correction

If low EC problems occur, increase the fertilization rate to 300 ppm N for a few applications before returning to the recommend fertilization rate for the crop.

4. High EC Correction

Excessively high fertilization rates will result in a marginal leaf burn. Check the substrate EC to confirm your diagnosis. Values greater than 6.0 mS/cm based on the PourThru sampling method can be problematic for many plants.

Switch to Clear Water Irrigations

If the substrate EC is just beginning to increase over time, then leach with a few clear water irrigations to lower EC levels by flushing out the salts.

Clear Water Leaching

If the EC values are excessively high, leach the substrate twice with back-to-back clear water irrigations. Then allow the substrate to dry down normally before retesting the EC. If EC levels are still too high, repeat the double leach. Once the substrate EC is back within the normal range, use a balanced fertilizer at a rate of 150 to 200 ppm N.



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